

## PEOPLE HELPING PEOPLE (PHP)



"You should wash each other's feet"  
(John 13:14).

*People Helping People* is a small project founded in the Chapel of Penha de França to help those in need. Our former Bishop D. António once said, "One must find new ways of helping the poor". A very small group of people attending the English Mass decided to do just that after the floods in 2010! In a short period of time we created partnerships with supermarket chains and restaurants; we have paid dozens of medical prescriptions, we have spent gallons and gallons of petrol riding across the island giving lifts, we have prevented families from going hungry, getting their electricity cut off, running out of gas, losing their homes. **We have tried to keep them warm, keep them hopeful, and keep them dreaming...**

**The Mission Statement of People Helping People is...** through social solidarity, to mobilize many people to help many people in a combat against poverty, hunger, illness, exclusion, indifference, intolerance, and social injustice, with a special preference for the last, the least and the lost, having as a model the person of Jesus, the «Good Shepherd» (Gospel according to Luke, chapter 15). Our wish is that it may always be an open door when all the other doors close, building in this way, different feelings and acts of Mercy (Gospel according to Luke, chapter 6 and Matthew chapter 25).

### >> PEOPLE HELPING PEOPLE CONTACTS:

**EUROPE:** Pe Bernardino Andrade, Rua das Murteiras, 28 - 1E, 9060-199 Funchal, Madeira, Portugal.  
Email: bernardinodandrade@gmail.com

**USA:** Janice Contreras, 60 Meeks Ln., Oakley, CA 94561. Tel. 1-925-813-2888  
Email: larryjanc@aol.com

### >> BANK INFO:

**ACCOUNT NAME:** Associacao Gente Ajudando Gente/PHP

**BANK:** Banco Santander Totta **ACCOUNT NUMBER:** 0003 4938 1759020

**IBAN:** PT50 0018 0003 49381759020 94 **SWIFT:** TOTAPTPL **NIB:** 0018 0003 49381759020 94

**Bank Address:** Caminho de Santa Quiteria 46A, 9020-119, Funchal, Madeira, Portugal



Every Sunday morning at the door of the Chapel there will be a **basket to collect food for the poor**. You are welcome to bring any little thing to help alleviate their suffering. (Rice, pasta, milk, canned tuna, biscuits etc.) Thank you to all who have donated so far! ☺



**29/12/2019**  
10h00 Mass in English  
**01/01/2020**  
10h00 Mass in English  
**05/01/2020**  
10h00 Mass in English



**Newsletter from Madeira.** Keep in touch! **This newsletter is brought to you every week by a team of volunteers:** Father Bernardino (who writes our Weekly Column: *From my Heart to your Heart*); Chris (*Scripture Readings*); Larysa (*Hymns*); Tracy (newsletter layout & stories of interest). **The newsletters are printed by Cartridge World Funchal**, in Rua Elias Garcia, nr 5. We can email this newsletter to you every week. If you would like to receive it by email every Sunday, just email the word "Newsletter" to: [penhafranca.newsletter@gmail.com](mailto:penhafranca.newsletter@gmail.com), or download it from the Chapel's website/blog: [www.rcmassmadeira.org](http://www.rcmassmadeira.org) which is updated every week by Debbie and Tony. ☺



## JOYFUL GIFT

**29th December 2019 – 10h00 Sunday Mass**

**Holy Family, Year A**

Chapel of Our Lady of Penha de França,  
Rua Penha de França 3, Funchal, Madeira

**Website and Blog:** <http://rcmassmadeira.org/>

**Facebook:** [www.facebook.com/penhafrancachapel](http://www.facebook.com/penhafrancachapel)

**Instagram:**

[www.instagram.com/capela\\_penha\\_franca/](http://www.instagram.com/capela_penha_franca/)



Bishop Graham Rose & Pope Francis

### CATHOLIC MASS IN ENGLISH, IN MADEIRA:

Good morning! Welcome to the Chapel of Our Lady of Penha de França. This 10am Mass is the only Catholic

Mass in English on the entire island. † The special intentions of today's Mass are for the souls of Yvonne Ward who was killed in a car accident last week, and also for Claris White (2<sup>nd</sup> anniversary of her death). May their souls Rest In Peace.

**This morning we are pleased to welcome to the Chapel, Bishop Graham Rose, who is visiting the island on holiday, all the way from Dundee/Newcastle (in South Africa)!**

**TODAY'S SCRIPTURE READINGS** (Brought to you by: Chris Oliver. [www.bible-groups.info](http://www.bible-groups.info))  
(*Sirach/Ecclesiasticus 3:2-6,12-14; Psalm 127(128); Colossians 3:12-21; Matthew 2:13-15, 19-23*)

The Wisdom of the Son of **Sirach** was written about 200 BC and much used in the Church to present moral teachings. He sees the family as set up by God, in which we learn and practice kindness and honour to each other, just as we respect and honour the Lord. The **psalm** celebrates the blessings of family life: husband, wife and children respecting the Lord. The letter to the **Colossians** advises that wisdom and knowledge should be interpreted only in relation to Christ. Our baptism frees us from man-made religious rules. Not total autonomy: our lives must reflect the Spirit of Christ within us, while seeking to avoid offending our neighbours. But following these precepts and forgiving others is not easy. This beautiful description of the ideal community and family life assumes the normal family structure of the letter's time and culture. Husbands, wives and children should treat each other in the way the Lord would, showing mutual respect and duty. In **Matthew's gospel** Jesus is taken to Egypt, with Hosea reminding us of God's deep love and care for Israel, his son. After the slaughter of the innocents, echoing the deaths of Egypt's first-born before Israel's exodus from slavery, Jesus is called back. The family return to Israel and settle in Nazareth in Galilee.

**PSALM RESPONSE:** O blessed are those who fear the Lord and walk in his ways.

\* These Scripture notes are sent to us every week by Chris Oliver from the UK. If you'd also like to have these included in your parish newsletter, you are welcome to contact Chris at: [chris@chris-oliver.net](mailto:chris@chris-oliver.net)



**TODAY'S HYMN MUSIC** - Larysa Makarova (from the Ukraine)  
- Rui César Gomes (from Madeira Island)

**Entry Hymn:** "Gloria in Excelsis Deo"... - n. 36

**Offertory Hymn:** "The first Nowell the angel did say..." - n. 541

**Communion Hymn:** "What child is this ..." - n. 619

**Thanksgiving:** *Instrumental*

**Final Hymn:** "Joy to the world ..." - n. 292





**HOLY FAMILY – THE SUNDAY AFTER CHRISTMAS**

The Catholic Liturgy celebrates the Feast of the Holy Family on the Sunday after Christmas. Church is about relationships. Family is about relationships. The difference between a good family and a bad family is the level of communication.

1.

**HEALTHY FAMILIES = HEALTHY SOCIETIES**

A few years ago, a study was undertaken to find the U.S. city with the lowest incidence of cancer and heart disease. The winner was Roseto, Pennsylvania. Soon experts descended upon the city expecting to see a town populated by non-smokers, people who ate the correct food, took regular exercise and kept close track of their cholesterol.

To their great surprise, however, the researchers discovered that none of the above was true. They found instead that the city's good health was tied to the close family bonds that prevailed within the community. This suggests that there is much to be said for a close and loving family relationship. (Robert Duggan & Richard Jajac).



2.

**A HEALTHY FAMILY IS A CONFESSONAL AND NOT A COURTROOM**

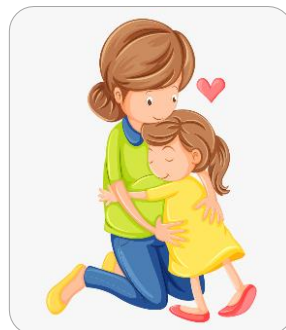


A senior Judge of the Supreme Court congratulated the bride and groom in a marriage with a pertinent piece of advice: "See that you never convert your family into a courtroom; instead let it be a confessional. If the husband and wife start arguing like attorneys in an attempt to justify their behaviour, their family becomes a court of law and nobody wins. On the other hand, if the husband and the wife -- as in a confessional -- are ready to admit their faults and try to correct them, the family becomes a Heavenly one."

3.

**DOROTHY LAW NOLTE** wrote: *"Children Learn What They Live"*

- If children live with **criticism**, they learn to **condemn**.
- If children live with **hostility**, they learn to **fight**.
- If children live with **fear**, they learn to be **apprehensive**.
- If children live with **pity**, they learn to **feel sorry for themselves**.
- If children live with **ridicule**, they learn to feel **shy**.
- If children live with **jealousy**, they learn to feel **envy**.
- If children live with **shame**, they learn to feel **guilty**.
- If children live with **encouragement**, they learn **confidence**.
- If children live with **tolerance**, they learn **patience**.
- If children live with **praise**, they learn **appreciation**.
- If children live with **acceptance**, they learn to **love**.
- If children live with **approval**, they learn to **like themselves**.



- If children live with **recognition**, they learn it is good to have a **goal**.
- If children live with **sharing**, they learn **generosity**.
- If children live with **honesty**, they learn **truthfulness**.
- If children live with **fairness**, they learn **justice**.
- If children live with **kindness** and **consideration**, they learn **respect**.
- If children live with **security**, they learn to have **faith in themselves** and in those about them.
- If children live with **friendliness**, they learn the world is a nice place in which to live.



*Love and Peace, Fr. Bernardino Andrade*

**THE 53<sup>rd</sup> WORLD DAY OF PEACE** – 1<sup>st</sup> of January 2020



**On Wednesday, January 1st, besides celebrating the Solemnity of Mary Mother of God, the Church also celebrates the 53rd World Day of Peace.** Every year, the Pope chooses a different theme. This year, the theme chosen by Pope Francis is "Peace as a journey of Hope: Dialogue, Reconciliation and Ecological Conversion". Here is a short paragraph from his message shared on the Vatican's website:

*«The world does not need empty words but convinced witnesses, peacemakers who are open to a dialogue that rejects exclusion or manipulation. In fact, we cannot truly achieve peace without a convinced dialogue between men and women who seek the truth beyond ideologies and differing opinions. Peace "must be built up continually"; it is a journey made together in constant pursuit of the common good, truthfulness and respect for law. Listening to one another can lead to mutual understanding and esteem, and even to seeing in an enemy the face of a brother or sister..»*

The full text of Pope Francis' Message for the Celebration of the 53rd World Day of Peace can be read here:

[http://www.vatican.va/content/francesco/en/messages/peace/documents/papa-francesco\\_20191208\\_messaggio-53giornatamondiale-pace2020.html](http://www.vatican.va/content/francesco/en/messages/peace/documents/papa-francesco_20191208_messaggio-53giornatamondiale-pace2020.html)

**SPECIAL MASS - WEDNESDAY, 1<sup>st</sup> JANUARY 2020 – 10am:**

**On Wednesday, January 1<sup>st</sup>,** there will be a **Mass** in English at 10am to celebrate the **Solemnity of Mary, the Mother of God**. It is a Holy day of Obligation for Catholics. It is also the 53<sup>rd</sup> World Day of Peace. The Solemnity of Mary is a liturgical feast day honouring the Blessed Virgin Mary's motherhood in the wake of the birth of the baby Jesus Christ. Please join us! ☺

**- Mass in English at 10:00am. - Mass in Portuguese at 11:30am**