

## PEOPLE HELPING PEOPLE (PHP)



"You should wash each other's feet"  
(John 13:14).

**People Helping People is a small project founded in the Chapel of Penha de França to help those in need.** Our former Bishop D. António once said, "One must find new ways of helping the poor". A very small group of people attending the English Mass decided to do just that after the floods in 2010! In a short period of time we created partnerships with supermarket chains and restaurants; we have paid dozens of medical prescriptions, we have spent gallons and gallons of petrol riding across the island giving lifts, we have prevented families from going hungry, getting their electricity cut off, running out of gas, losing their homes. **We have tried to keep them warm, keep them hopeful, and keep them dreaming...**

**The Mission Statement of People Helping People is...** through social solidarity, to mobilize many people to help many people in a combat against poverty, hunger, illness, exclusion, indifference, intolerance, and social injustice, with a special preference for the last, the least and the lost, having as a model the person of Jesus, the «Good Shepherd» (Gospel according to Luke, chapter 15). Our wish is that it may always be an open door when all the other doors close, building in this way, different feelings and acts of Mercy (Gospel according to Luke, chapter 6 and Matthew chapter 25).

### >> PEOPLE HELPING PEOPLE CONTACTS:

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Email: larryjanc@aol.com

### >> BANK INFO:

**ACCOUNT NAME:** Associacao Gente Ajudando Gente/PHP

**BANK:** Banco Santander Totta **ACCOUNT NUMBER:** 0003 4938 1759020

**IBAN:** PT50 0018 0003 49381759020 94 **SWIFT:** TOTAPTPL **NIB:** 0018 0003 49381759020 94

**Bank Address:** Caminho de Santa Quiteria 46A, 9020-119, Funchal, Madeira, Portugal



Every Sunday morning at the door of the Chapel there will be a **basket to collect food for the poor**. You are welcome to bring any little thing to help alleviate their suffering. (Rice, pasta, milk, canned tuna, biscuits etc.) Thank you to all who have donated! ☺



**19/01/2020**

**10h00** Mass in English

**11h30** Mass in Portuguese

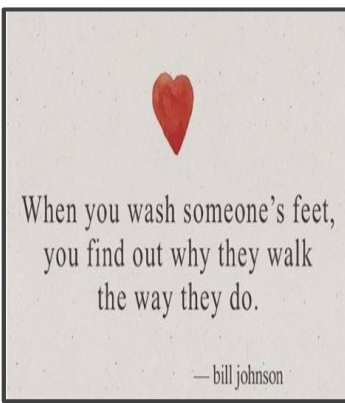
**26/01/2020**

**10h00** Mass in English

**11h30** Mass in Portuguese



LOVE THE PEOPLE GOD GAVE  
YOU BECAUSE HE WILL  
NEED THEM BACK ONE DAY.



When you wash someone's feet,  
you find out why they walk  
the way they do.

— bill johnson

**Newsletter from Madeira. Keep in touch!** This newsletter is brought to you every week by a team of volunteers: Father Bernardino (who writes our Weekly Column: *From my Heart to your Heart*); Chris (*Scripture Readings*); Larysa, Rui, Cátia and Helena (*Hymns*); Tracy (newsletter layout & stories of interest). **The newsletters are printed by Cartridge World Funchal**, in Rua Elias Garcia, nr 5. We can email this newsletter to you every week. If you would like to receive it by email every Sunday, just email the word "Newsletter" to: [penhafranca.newsletter@gmail.com](mailto:penhafranca.newsletter@gmail.com), or download it from the Chapel's website/blog: [www.rcmassmadeira.org](http://www.rcmassmadeira.org) which is updated every week by Debbie and Tony. ☺

## JOYFUL GIFT

**19th January 2020 – 10h00 Sunday Mass**

**2nd Sunday in Ordinary Time, Year A**

Chapel of Our Lady of Penha de França,  
Rua Penha de França 3, Funchal, Madeira

**Website and Blog:** <http://rcmassmadeira.org/>

**Facebook:** [www.facebook.com/penhafrancachapel](http://www.facebook.com/penhafrancachapel)

**Instagram:**

[www.instagram.com/capela\\_penha\\_franca/](http://www.instagram.com/capela_penha_franca/)



### **CATHOLIC MASS IN ENGLISH, IN MADEIRA:**

Good morning! Welcome to the Chapel of Our Lady of Penha de França. This 10am Mass is the only Catholic Mass which is celebrated entirely in English on the whole island of Madeira. **We are blessed to have Fr. Bernardino Andrade celebrating mass here every Sunday!** The special intention for this morning's mass is for the souls of Mr. Jim Kerr, and Mrs. Marie McHugh. May they rest in peace. †

**TODAY'S SCRIPTURE READINGS** (Brought to you by: Chris Oliver. [www.bible-groups.info](http://www.bible-groups.info))  
(*Isaiah 49: 3,5-6; Psalm 39(40); 1 Corinthians 1:1-3; John 1:29-34*)

**Second Isaiah's** servant songs were written after the Israelites had been released from their captivity in Babylon. The servant, chosen before he was born, is to take God's salvation to the whole world, as well as to Israel. **The psalm** offers thanks to God for rescue from danger. Doing God's will is the best sacrifice we can offer, trusting in God's Law and his plans for us. From now until Lent we read from **Paul's first letter to the Corinthians**, written from Ephesus about 56AD. Paul cannot stop talking about the centre of his life: Jesus, who called him to be his envoy. Those in the "assembly called by God in Corinth", are called to be holy, part of the universal fellowship of believers, and subject to Christ's authority. He blesses them with grace – God's unconditional love – and peace. **John's Gospel** does not have Jesus being baptised. Instead, after the Baptist insists to questioners from Jerusalem that he is not the Messiah, he recognises Jesus. Uniquely he describes Jesus as the Passover sacrificial "Lamb of God who takes away the sin of the world", the "Chosen one of God", who "baptises with the Holy Spirit". This gift of new life in God, is greater than the cleansing given by John's baptism with water.

**PSALM RESPONSE:** Here I am, Lord! I come to do your will.

\* These Scripture notes are sent to us every week by Chris Oliver from the UK. If you'd also like to have these included in your parish newsletter, you are welcome to contact Chris at: [chris@chris-oliver.net](mailto:chris@chris-oliver.net)

### **HYMN NUMBERS:**

Larysa Makarova (from the Ukraine)

- Rui César Gomes (from Madeira Island)

**[1] Entry Hymn:** "Bind us together, Lord" – No. 65

**[2] Offertory:** "Take our bread, we ask you" – No. 528

**[3] Communion:** "This is my body, broken for you" – No. 572

**[4] Thanksgiving:** Instrumental

**[5] Final Hymn:** "O the word of my Lord" – No. 434





1. NO CATHOLICS IN HEAVEN

Mr. Johnson, who belonged to an Evangelical Church, died and went to Heaven. God, who was his companion during all his life, welcomed him in heaven with great joy and excitement like a mother welcomes her baby. One of the first things Mr. Johnson did was to enquire about who was in heaven. With that purpose he asked God his first question.

-«Are there any Catholics in heaven?»

And God answered: - «No. There are no Catholics in Heaven». – «That’s what I expected», said Mr. Johnson, «Catholics changed the Bible, they worship statues, they think that Mary is the fourth Person of the Holy Trinity. Of course they don’t deserve Heaven. I knew that».

Then another question: «What about Baptists and Methodists? Are there any of them in Heaven?». And God’s answer was the same: - «No! No Baptists and Methodists in Heaven». - «Of course I was also expecting that. They misinterpreted the Bible and did things against the word of God. I knew that they would never get to Heaven».

«And what about Muslims, Hindus and Buddhists and all that confusion of religions?» Right. «No Muslims, no Hindus and no Buddhists in Heaven». - «That is obvious. Jesus is the only Saviour and they are so ignorant that they thought that they could get to Heaven without Jesus. In Heaven there is no room for ignorant people.»

Finally the last question. - «God... what do you have to say about my Evangelical Church?» And God’s answer was the same: «No one with that kind of Church’s name is in Heaven».

Mr. Johnson was breathless. «But my God... We, the members of my Church, frequently read and studied the Bible, we did everything right. Why are there no members of my Church in Heaven? If WE are not in Heaven, then please tell me who is in Heaven? »

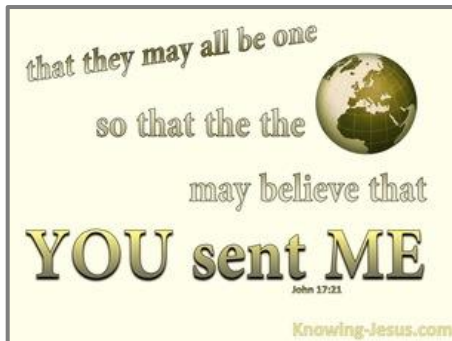
And God’s answer was: «My son... in Heaven I only have sons and daughters. You are the ones who made that mess of religions, not Me. I only created sons and daughters to take care of one another and to come to Heaven together. »



2. WEEK OF PRAYER FOR CHRISTIAN UNITY

Every year, from January 18 to 25, the Christian Churches get together to pray for Christian Unity, to fulfill the dream of Jesus in the Gospel of John 17:21 «That they may be one, so that the world will believe that you sent me».

Love and Peace,  
Fr. Bernardino Andrade



Being abroad, be it temporarily or permanently, can bring on many challenges. Coping with difficult situations may all of a sudden seem very overwhelming, affecting motivation and general well-being. Having the opportunity to openly discuss problems/concerns, in the language one is most comfortable in, can in itself provide some relief. Not only this, but language barriers in therapy can affect treatment success.



Dr Sofia Ferreira

Dr. Sofia Ferreira, a fully qualified British Chartered Clinical Psychologist and Portuguese Registered Psychologist, offers specialist assessment and therapeutic services at Figueira Preta Consulting Rooms (Funchal) to adolescents, adults and older adults.

She specialises in clinical psychology, neuropsychology and forensic psychology. Issues treated: depression, anxiety, panic, trauma, stress, self-esteem, personality disorders, suicidal thoughts, eating disorders, sexual abuse, self-harm, psychosis, anger, grief, adjustment, among others. She has experience in diagnostic neuropsychological assessment and providing cognitive rehabilitation programs.

For further information, please visit the website, [www.sofiaferreira.co.uk](http://www.sofiaferreira.co.uk).

For appointment bookings, please call 93 527 1563 or complete the contact form on the website.

SISTER MARY IGNATIA—The Catholic Nun who helped found Alcoholics Anonymous

Source: [www.ucatholic.com/blog/the-catholic-nun-who-helped-found-alcoholics-anonymous/](http://www.ucatholic.com/blog/the-catholic-nun-who-helped-found-alcoholics-anonymous/)



Sister Mary Ignatia

Alcoholics Anonymous has helped hundreds of thousands of people all around the world. Most people don’t know that a key founder who helped start the program was a Catholic Nun by the name of Sister Mary Ignatia. Born in 1889 as Bridget Della Mary Gavin, she grew up in a rural farm town of Ireland, until she emigrated to Cleveland, Ohio in 1896. There, she attended Catholic school and studied music. Despite her mother’s wishes, she joined the Sisters of Charity of Saint Augustine at the age of 25, and was given the name Ignatia.

She was a music instructor teaching in the Cleveland school system for a number of years, until her order transferred her to hospital ministry. In 1928, Saint Thomas Hospital in Akron opened and she was appointed head of admissions. As head admissions officer, she became friends with Dr. Bob, one of the co-founders of Alcoholics Anonymous (AA). She began trying to treat patients with alcoholism from both a medical and ministerial perspective, a concept not welcomed by many hospitals at the time. Working with Dr. Bob and Bill W., the other co-founder of Alcoholics Anonymous, the three founded the first alcoholic treatment center of its kind in the United States. Her work in treating patients with alcoholism was so effective and charismatic she was given the moniker “AA’s Angel”. Sister Ignatia provided each patient who left her care with a Sacred Heart badge. Receiving this item was accompanied by a personal promise to the Sister that the patient would return the badge before they drank again.

She died in Richfield Ohio, at age 77, on April 1, 1966. There were reportedly about 3,000 people present at the funeral, including AA’s co-founder, Bill W.



Sacred Heart badge