

PEOPLE HELPING PEOPLE (PHP)



People Helping People is a small project founded in the Chapel of Penha de França to help those in need. Our former Bishop D. António once said, "One must find new ways of helping the poor". A very small group of people attending the English Mass decided to do just that after the floods in 2010! In a short period of time we created partnerships with supermarket chains and restaurants; we have paid dozens of medical prescriptions, we have spent gallons and gallons of petrol riding across the island giving lifts, we have prevented families from going hungry, getting their electricity cut off, running out of gas, losing their homes. **We have tried to keep them warm, keep them hopeful, and keep them dreaming...**

The Mission Statement of People Helping People is... through social solidarity, to mobilize many people to help many people in a combat against poverty, hunger, illness, exclusion, indifference, intolerance, and social injustice, with a special preference for the last, the least and the lost, having as a model the person of Jesus, the «Good Shepherd» (Gospel according to Luke, chapter 15). Our wish is that it may always be an open door when all the other doors close, building in this way, different feelings and acts of Mercy (Gospel according to Luke, chapter 6 and Matthew chapter 25).

"You should wash each other's feet"
(John 13:14).

>> PEOPLE HELPING PEOPLE CONTACTS:

EUROPE: Pe Bernardino Andrade, Rua das Murteiras, 28 - 1E, 9060-199 Funchal, Madeira, Portugal.

Email: bernardinodandrade@gmail.com

USA: Larry Contreras, 60 Meeks Ln., Oakley, CA 94561. Tel. 707-333-5501

Email: l.a.contreras@sbcglobal.net



>> TRANSFER TO BANK ACCOUNT IN MADEIRA:

ACCOUNT NAME:

Associação Gente Ajudando Gente

BANK: Banco Santander Totta

ACCOUNT NUMBER: 0003 4938 1759020

IBAN: PT50 0018 0003 49381759020 94

SWIFT: TOTAPTPL

NIB: 0018 0003 49381759020 94

Bank Address:

Caminho de Santa Quiteria 46A,
9020-119, Funchal
Madeira, Portugal.

>> DONATIONS FROM THE UK:

ACCOUNT NAME: Sinead Moynihan

BANK: Lloyds Bank

ACCOUNT NUMBER: 02461743

BRANCH: Univ. of Cambridge

SORT CODE: 30-13-55

IBAN: GB05 LOYD 3013 5502 4617 43

BIC: LOYDGB21035

The funds will then be transferred to Madeira. Any questions or concerns about transferring to this account, please contact Sinead Moynihan at: sineadmoynihian7@icloud.com

>> DONATIONS FROM THE USA:

Instructions for sending funds to People Helping People in Madeira, Portugal, from USA:

Write a check made out to: Fr Bernardino Andrade PHP
in the bottom of the check in Memo area add: **PHP**

Mail the check to:

Mr. L.A. Contreras
60 Meeks Lane
Oakley, Ca 94561

The funds will then be transferred to the People Helping People account in Madeira, at no cost.

Any questions or concerns please contact Larry Contreras at 707-333-5501 or email him at: l.a.contreras@sbcglobal.net

Food items are also appreciated and can be left in the basket at the Chapel door on Sunday mornings. When sending any donation, please send an email to penhafranca.newsletter@gmail.com with the date, and name on the transfer so that Fr. Bernardino is able to confirm with you as soon as the transfer is received. Thank you.

Older issues of the newsletter can be downloaded from the Chapel's website/blog: www.rcmassmadeira.org

JOYFUL GIFT

5th of February 2023

10h00 Sunday Mass

5th Sunday in Ordinary Time, Year A

Chapel of Our Lady of Penha de França,
Rua Penha de França 3, Funchal, Madeira

Welcome



Website and Blog: <http://rcmassmadeira.org/>

f www.facebook.com/penhafrancachapel..

ig www.instagram.com/capela_penha_franca/

✉ penhafranca.newsletter@gmail.com

CATHOLIC MASS - ENGLISH SERVICE

Good morning! Welcome to the Chapel of Our Lady of Penha de França. Our Mass today will be celebrated by Father Joseph Arun.

✠ The special intention of this morning's mass will be for the soul of Francisco da Silva from Perth, Australia. May he rest in peace.

TODAY'S SCRIPTURE READINGS

(*Isaiah 58:7-10; Psalm 111(112); 1 Corinthians 2:1-5; Matthew 5:13-16*)

After the exiles returned to rebuild Jerusalem there were many difficulties and they lost heart. Third **Isaiah** writing after 500BC told them this was because of a lack of social justice: ritual and fasting have value **only** if they are expressions of a just society. Today's reading and the verse before it give the essentials of true religion: deal justly with your neighbour, free the oppressed, feed the hungry. Then your good deeds will influence others and give glory to God, without drawing attention to yourselves. **The Psalm** praises the virtues of the God-fearing man, who lights the way for others lost in confusion. Paul says that when he came to the **Corinthians**, he did not draw attention to himself by relying on the powers of clever oratory to convince people about the '**mystery**' of God – the salvific events to be revealed in the age to come. No, he believes "Jesus Christ and him crucified", the message itself, making visible the power of God, is strong enough to convince. In **Matthew's gospel** Jesus began his ministry in Galilee, previously part of the northern kingdom Israel. On a mountain he teaches the beatitudes, before insisting Christians must show the way for all mankind to find the way to God, influencing without seeking to be noticed.

PSALM RESPONSE: The good man is a light in the darkness for the upright.

www.bible-groups.info

The Scripture notes are sent to us every week by **Chris Oliver from the UK**. If you'd also like to have these sent to you by email or included in your parish newsletter, please contact Chris at: chris@chris-oliver.net



TODAY'S HYMN MUSIC

Entry - "Walk with me, O my Lord..." - n. 600

Offertory - "Take our bread, we ask you..." - n. 528

Peace - "Shalom, my friend, shalom..." - n. 495

Communion - "Love is his word..." - n. 353

Thanksgiving - Silence for Reflection

Final - "Bind us together, Lord..." - n. 65



CARNE DE VINHA D´ALHOS (MEAT OF WINE AND GARLIC)

1.

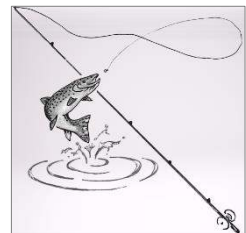
One of the most delicious, inexpensive and popular dishes of Madeira Island is a dish called «carne de vinha d`alhos» that means «meat of wine and garlic». Usually it is consumed in sandwiches and it is most popular during Christmas Season. When I was a child, this was the only time of the year when the people of the countryside would have the privilege of eating meat. Most of the people were poor and they had no money to buy meat. Therefore, they would raise a pig during the year to be killed one week before Christmas. The meat was prepared and sometimes it would last for the entire year. The funny part is that this was at a time when nobody had refrigerators or freezers but the meat was very well preserved and would last as long as they needed.

For me, who lived this kind of life along with my neighbours, this is not a surprise. That's why it is not a surprise that Jesus had called his disciples «You are the salt of the earth». The Madeiran people from the countryside, when they heard Jesus calling them «salt of the earth» they understood the meaning very well. They knew that the delicious meat that had been prepared by them would never be deteriorated because it had been completely mixed and penetrated with salt, which was the most efficient and only preservative that could guarantee a «fresh» piece of meat at any time of the year with no refrigerators or freezers. Jesus calls us «salt of the earth and light of the world». These are the two words that summarize today's Gospel (Math. 5: 13-16).



2.

Years ago, there was a movement in the Catholic Church called «Catholic Action»: It was a Catholic movement that «shook» the youth of the entire world, especially Europe. Cardinal Cardijn, a Belgian priest, was its founder. One day somebody asked him: «Cardinal, the Catholic Action is fishing with a hook or with a net? ».



The Cardinal answered: «Catholic Action is not fishing with a hook or with a net. The Catholic Action is simply to change the water where the fish swim». This is the role of all baptized.

This is being salt of the earth and light of the world. This is getting involved with the world and its problems, its sufferings and being a passionate follower of Jesus to help Him to change the water where the fish swim. «It is no longer I who live, but it is Christ who lives in me»; (Gal. 2: 20).



Cardinal Cardijn

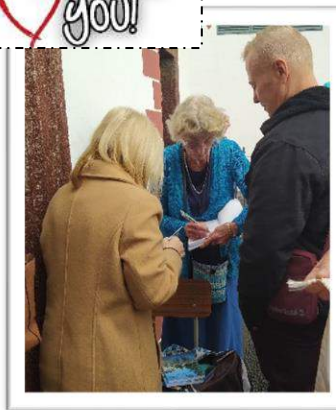
Love and Peace,
Fr. Bernardino Andrade

05/02/2023

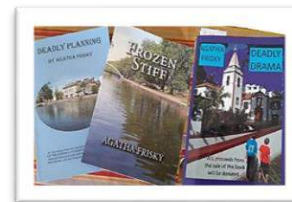
PEOPLE HELPING PEOPLE - A SPECIAL THANK YOU!



Over the last 2 Sundays we have had a successful book sale at the Chapel. Mrs Jane Caldwell, an author



from England, brought along some copies of her books to sell and generously donated all proceeds from the sale to «People Helping People», a charity which was started here at the Chapel of Penha de França after the devastating floods in 2010. (More info on the last page of this newsletter). Thank you to all who supported the book sale! It was a huge success, with all the books being **sold out!**



A huge thank you especially to Mrs. Caldwell and her husband, Peter, for their wonderful generosity and for supporting this charity over the last few years!

If you were not at Mass last Sunday and would like to have a copy, or if you **did** get a copy and would like to let Jane know how much you are enjoying reading her novel, you're welcome to contact her by email: janecaldwell902@hotmail.com

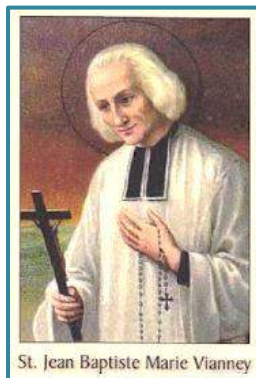
FEAST DAY OF OUR LADY OF LOURDES – February 11th

February 11th is the feast day of Our Lady of Lourdes, one of the most famous apparitions of the Blessed Virgin Mary that took place in southern France. Here in the Chapel, a little above and behind the altar, you will see a statue of Our Lady of Lourdes set in a «cave», with St. Bernadette kneeling at her feet. This statue was offered to Bishop D. Manuel Agostinho Barreto (Bishop of Funchal from 1877-1911) who lived permanently here at Penha de França during the 34 years of his pontificate. This bishop had the altar adapted to receive the image of Our Lady of Lourdes, the first of the island, which was offered in 1878 by the French citizen *M. Goubeaux* who lived in Madeira.



THOUGHT FOR THE WEEK

Why does God allow us to suffer?
What would you think of a Doctor who lost his Patient because he was afraid to give him the necessary but unpleasant treatment?
– St. John Vianney



St. Jean Baptiste Marie Vianney